

# TOP ROPE CLIMB AND BELAY PROFICIENCY TEST

Applicant's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Whitman Student: \_\_\_\_\_ Graduation Date: \_\_\_\_\_ Whitman Faculty/Staff \_\_\_\_\_ Community Member: \_\_\_\_\_

Tester's Name(Print): \_\_\_\_\_

## Pre climb

Applicant has signed Whitman liability waiver on file?	YES	NO
Has the climber belayed 5 times before? If no recommend Basics Clinic.	YES	NO
Applicant has read and understands Whitman College Climbing Center rules.	YES	NO
Did the applicant secure harness properly? (buckle doubled back, enough tail, tight around waist)	YES	NO
Can applicant correctly tie a Figure 8 knot with adequate tail to the correct points on the harness?	YES	NO

## Climber

Can the applicant properly inspect self and the belayer's harness, belay set-up and locking carabiner?	YES	NO
Did the applicant demonstrate ability to use facility approved verbal commands from memory?	YES	NO

## Belayer

Did the applicant properly set up and load the belay device (ATC)?	YES	NO
Does the applicant know when a bottom anchor is needed?	YES	NO
Did the applicant properly inspect the climber's harness, tie-in point, and figure 8 knot(pre-flight check)	YES	NO
Did the applicant demonstrate ability to use facility approved verbal commands from memory?	YES	NO
Demonstrated ability to use the facility preferred belay technique PBUS (Pull-Brake-Under-Slide)	YES	NO
If applicant performed Slip, slap side technique do they understand limitations and was it perfect?	YES/NA	NO
Did applicant demonstrate good belay stance and is aware that belays must be performed standing?	YES	NO
Did the applicant eliminate slack <u>without ever removing brake hand from rope?</u>	YES	NO
Did the applicant catch the climber properly on one or more falls?	YES	NO
Did the applicant safely lower the climber to ground under control with adequate friction?	YES	NO
Did the applicant only take the climber off belay when the climber acknowledged "off belay."	YES	NO
Would you trust this person to belay you?	YES	NO
Do you feel confident that this applicant can climb safely on own?	YES	NO

## **Facility approved syllabic command system:**

(On belay/belay on, climbing/climb on, up rope, tension, falling, slack, rock, thank you, lower lower, off belay/belay off )

NOTE: If at any point the brake hand leaves the rope, the belayer fails and cannot be issued an authorization sticker! They can finish the test as a learning experience but will need to practice more and then come back and test again at another time.

Have you issued a top rope climb and belay sticker to the applicant?	YES	NO
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APPLICANTS MUST SATISFACTORILY COMPLETE ALL OF THE ABOVE BEFORE BEING ISSUED AN AUTHORIZATION CARD!

Testers Signature: \_\_\_\_\_

# LEAD CLIMB AND BELAY PROFICIENCY TEST

Applicant's Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Whitman Student: \_\_\_\_\_ Graduation Date: \_\_\_\_\_ Whitman Faculty/Staff \_\_\_\_\_ Community Member: \_\_\_\_\_

Tester's Name(Print): \_\_\_\_\_

Falls must be taken at least 5 draws up, preferably more, and all belays must be backed up by tester.

## Pre climb

Applicant has signed Whitman liability waiver on file?	YES	NO
Has the climber done at least 10 days of climbing before? If no, recommend lead clinic.	YES	NO
Applicant has read and understands Whitman College Climbing Center rules.	YES	NO
Has the applicant has passed the top rope climb and belay test?	YES	NO

## Lead Belay Test

Did the applicant secure harness properly? (buckle doubled back, enough tail, tight around waist)	YES	NO
Did the applicant properly set up and load the belay device (ATC)?	YES	NO
Does the applicant move and/or position themselves appropriately during the climb?	YES	NO
Does the applicant know when bottom anchors are necessary?	YES	NO
Did the applicant properly inspect the climber's harness, tie-in point, and figure 8 knot?	YES	NO
Did the applicant properly flake out and stack the rope and close the system with a stopper knot?	YES	NO
Did the applicant demonstrate ability to use facility approved verbal commands from memory?	YES	NO
Demonstrated ability to use the facility preferred belay technique PBUS (Pull-Brake-Under-Slide)	YES	NO
If applicant performed Slip, slap side technique do they understand limitations and was it perfect?	YES/NA	NO
Did applicant demonstrate good belay stance and is aware that belays must be performed standing?	YES	NO
Did the applicant belay <u>without ever removing brake hand from rope</u> ?	YES	NO
Did applicant feed out the appropriate amount of rope?	YES	NO
Did the applicant catch the climber properly on one or more falls (Must be from over 5 clips up)?	YES	NO
Did the applicant safely lower the climber to ground under control with adequate friction?	YES	NO
Did the applicant only take the climber off belay when the climber acknowledged "off belay."	YES	NO
Would you trust this person to give you a lead belay?	YES	NO

## Lead Climb test

(Demonstrate proper clipping, back clipping and Z clipping PRIOR to climbing )

Does the applicant understand proper clipping and can they demonstrate it?	YES	NO
Does the applicant understand back clipping and can they demonstrate it?	YES	NO
Does the applicant understand Z clipping and can they demonstrate it?	YES	NO
Can applicant correctly tie a Figure 8 knot with adequate tail to the correct points on the harness?	YES	NO
Does the applicant properly inspect self and the belayer's harness, belay set-up and locking carabiner?	YES	NO
Does the applicant understand the dangers of falling while clipping?	YES	NO
Does the applicant demonstrate safe rope handling?	YES	NO
Does the applicant confidently and smoothly clip the quick draws and anchors?	YES	NO
Does the applicant clip every clip?	YES	NO
Does the applicant understand good clipping positions?	YES	NO
Did the applicant demonstrate ability to use facility approved verbal commands from memory?	YES	NO

**Important Policies Concerning Lead Climbing**

- Lead climbing is only allowed if no one is climbing to the right or left of your intended route
- It is the lead climber and lead belayer's responsibility to clear the area before climbing.
- Skipping bolts is not permitted
- Climbers are responsible for setting up the climbing center top rope after removing lead rope
- Authorization card must be displayed at all times in order to belay, lead belay or lead climb.
- Testers must back up belayers during testing.

NOTE: If at any point the brake hand leaves the rope, the belayer fails and cannot be issued an authorization sticker! They can finish the test as a learning experience but will need to practice more and then come back and test again at another time.

Have you issued a lead climb and belay card to the applicant? YES NO

## **Facility approved syllabic command system:**

(On belay/belay on, climbing/climb on, up rope, tension, falling, slack, rock, thank you, lower lower, off belay/belay off )

Authorized to Lead Climb and lead belay YES NO

Testers Signature: \_\_\_\_\_