# Do you have what it takes to work abroad? Personal Inventory Questionnaire

## 1. My level of education is:

- a. Post Graduate Degree and/or TEFL Certificate
- b. College Graduate
- c. Some College
- d. High School graduate

#### 2. I have:

- a. More than \$5000 in savings
- b. \$3500-5000 in savings
- c. \$1000-3500 in savings
- d. Less than \$1000 in savings

## 3. My physical condition is:

- a. Excellent in both stamina and overall physical health
- b. A little out of shape but basically good
- c. Fairly good but with a few troublesome health conditions
- d. Lacking stamina and in need of regular medical attention

#### 4. I am someone who

- a. Can face any challenge without fear
- b. Can get by on my own in most challenging situations
- c. Functions best with a companion
- d. Is easily frightened by unfamiliar settings or unexpected events

## 5. I am a person who

- a. Adapts easily to new situations
- b. Enjoys the unfamiliar, but prefers my routine
- c. Avoids unfamiliar situations whenever possible
- d. Must adhere to a strict and familiar routine

### 6. When faced with a challenge

- a. I never give up until I succeed
- b. I work very hard and usually succeed
- c. I work at things that come easily and produce immediate rewards
- d. I give up at the first obstacle

#### 7. When it comes to solving problems

- a. I use my own resources, logic, intuition and imagination until I find a solution
- b. I research the problem and usually arrive at a solution
- c. I seek the help of others for solutions
- d. I'm not very good at solving problems

## 8. I'm someone who

- a. Finds lots in common with strangers and makes friends easily
- b. Gets along well with most everyone but is slow to form friendships
- c. Works well with other people but keep to myself
- d. Is shy or prefers to remain a loner

## 9. In my relationship with my family, I am

- a. Very independent
- b. Closely connected but not on a daily basis
- c. Very closely connected and rely upon them for support
- d. Still living with my parents and rely on my family for everything

#### 10. Where food is concerned

- a. I love to try new foods and will eat most anything
- b. I enjoy a wide variety of foods and am not too picky
- c. I am very conservative and stick to the basics
- d. I am on a strict diet

## 11. When I take a trip

- a. I travel well and enjoy all kinds of transportation
- b. I prefer comfort and luxury but can tolerate most any type of vehicle
- c. I am a little claustrophobic and prone to motion sickness
- d. I hate to travel

## 12. Where honesty and integrity are concerned:

- a. I uphold both at all costs
- b. I use my judgment and try to be the best person I can whenever possible
- c. I frequently bend the rules and compromise my integrity
- d. I don't really have a code of behavior for myself

## 13. When I find myself in a less than ideal situation

- a. I am always willing to compromise to make the best of a situation
- b. I hold on to my ideals until I see that a compromise is the only way
- c. I find it hard to compromise and do so reluctantly
- d. I do not compromise under any circumstances

## 14. When life becomes difficult

- a. I try to see the humor in it and keep a balanced perspective
- b. I try to solve my problem but not always with the best attitude
- c. I sink into a bad mood for a while but usually manage to overcome the problem
- d. I get depressed and discouraged and usually give up

## 15. When I look back on my life experiences

- a. I feel that I have lived a rich and rewarding life so far Whether good or bad, I learned something from all of them
- b. I've had ups and downs but am still basically optimistic
- c. Nothing ever seems to work out for me

## To score yourself to see if you have what it takes to live and work abroad, give yourself:

3 points for every a

2 points for every b

1 point for every c

zero for every d

## **Bonus Points:**

- a. I already have a job awaiting me in my destination: 10 points
- b. I speak the local language: 10 points
- c. I have relatives or friends living there: 5 points
- d. I have traveled extensively in other foreign countries: 3 points

#### If you scored:

More than 35 - GO FOR IT! You have what it takes!

25-34 - You may encounter some difficulty, but you will probably succeed

15-24 - Take a look at your weak areas and get yourself prepared for the challenge

Less than 15 - Don't even think about it