Tuesday, October 13, 2020

Join: Martial Arts Club



Martial Arts Club is dedicated to community building and promoting a training space for individuals of all backgrounds and skill levels. The hope is that the Martial Arts Club will become a well established, inclusive, professional space for individuals to come together and train in various forms of martial arts. Regardless of past experience in martial arts, the club is dedicated to furthering the mental and physical wellbeing of students through the practice of martial arts.

While in the past they've gathered in person (as pictured in pre-pandemic days), the Martial Arts Club is meeting online this semester every Saturday at 2 p.m., covering basic martial arts stretches, warm-ups and techniques. These meetings are open to all Whitman students, staff and faculty. Whitman Martial Arts Club is dedicated to ensuring that all workout activities are safe for individuals of varying abilities and skill levels.

Contact the Martial Arts Club via email, on WhitLife or over their club Instagram.

Announcements

Employee Flu Shot Clinic Tomorrow

The Welty Student Health Center has flu vaccinations available to current employees by appointment only on Wednesday, Oct. 14 between 11:30 a.m. and 2:30 p.m. Vaccinations are not available to employee family members or retired employees. Use this reservation link to make an appointment.

Employees and their family members covered by Whitman's health insurance may also receive the flu shot at no cost to employees through primary care physicians as well as at pharmacies at Safeway, Albertsons, Walgreens, Bi-Mart and Walmart.

"Voting Matters" Viewing and Discussion

Tune in Thursday, Oct. 15 from 6-7 p.m. for a timely discussion on voting rights this election season! "Voting Matters" is a documentary short about civil rights attorney Donita Judge as she helps several voters in Ohio cast ballots even though they initially were turned away. The screening will gather in Zoom before viewers separately watch the film, then return to Zoom to have a short discussion. Hosted by the Whitman Chapter of Every Vote Counts, a bipartisan college student coalition from across the country committed to voter advocacy and civic education.

Whitman Athletics Facilities Opening

Whitman Athletics will be opening its athletic facilities beginning this week for students to be able to access the college recreational facilities. The details of new protocols for each facility will be outlined to each student when they are granted access to make a reservation through the Whitman Athletics reservation system, DSE Rec.

If you are interested in obtaining access to any of the athletic facilities mentioned below, please fill out this form.

The following facilities will be opening by reservation only. Reservation length varies by facility. Please do not come onto campus or attempt to enter any of these facilities without a reservation. Facility hours will be published at a later time on the Whitman Athletics website.

- Baker Ferguson Fitness Center
- Harvey Pool
- Sherwood Athletic Center
- Outdoor Tennis Courts (will switch to Bratton dependent on weather)
- Whitman Sports Complex Borleske Stadium/Hitting Facility

Happening Today

TODAY

4 p.m. Genocide by Brain: International Law After Neuroscience

Presentation by Benjamin Meiches '07 demonstrating that the exclusion of mental harm from discussions of genocide was a byproduct of the effort to marginalize experiences of colonial violence by arguing that the psychological effects of deliberate, systemic violence were

insignificant. 4 p.m.

Student Open Office Hours Join Kazi Joshua, dean of students, for drop-in office

hours every Monday-Friday from 4-5 p.m. on Zoom. Bring any topics you wish to discuss during these sessions.

More Upcoming Events

Have a virtual event you'd like to share with campus? Email the details to whitmantoday@whitman.edu.

Getting to Know...

ANTONIA KEITHAHN (she/her) Assistant Director of Academic Resources: Access and Disability Support

What is your favorite aspect of the Whitman community? I think we all share a spirit of life-long learning. I love finding out about students' and colleagues' passions and what drives them in their academic and personal lives.

Do you have any special items in your office/work space, and if so, what does it mean to you? In my on-campus work space, I have a lovely colorful collection of art, including pieces from Whitman's collection, and works by current students and alumni. There is one print in particular that I use to ground myself when I'm feeling stressed or overwhelmed. Now that my work space is at home, I am trying (and sometimes failing) to keep my desk uncluttered, but have found great value in Post-It notes and other small pieces of paper for my to-do lists. Not a "special" item per se, but so helpful!



"Whitman Today" is produced by the Office of Communications and is emailed Monday-Friday to Whitman College staff, faculty and students. All times are listed in Pacific Daylight Time.

Submissions are welcome! If you have a professional or personal accomplishment to celebrate, an event to publicize or other content to share with the Whitman community, email whitmantoday@whitman.edu. Submissions should be 125 words or less. The deadline for submissions is noon for the following day's newsletter, though submissions may be held for a later date according to space and editorial needs.





