



Whitman Today

Tuesday, September 1, 2020

Join: ZFit



[ZFit Dance Fitness Club](#) incorporates a variety of Latin-inspired dance moves and music to promote a healthy heart, a high-energy dose of aerobic activity, and a fun, exciting way to build and tone muscle, improve cardio, promote flexibility and decrease stress! This year's ZFit student leaders have left behind their usual space in Sherwood Center and invite you to join them on their [YouTube channel](#), where they are posting weekly workout sessions as well as shorter instructional videos for individual songs (first up: La Tortura by Shakira). So whether you've got five minutes or an hour, join ZFit to get up and dance!

Announcements

Erroneous Report of Whitman COVID-19 Outbreak

Several news outlets from the Seattle area incorrectly reported on a coronavirus outbreak "at Whitman College among off-campus college students." College leaders reached out to the news organizations as well as to the Walla Walla County Department of Community Health and were able to find that the outbreak was at WSU in Whitman County, not at Whitman College. The reports have since been corrected.

Phishing Emails Targeting Students

As the semester gets under way, we have noted a large number of student accounts receiving spam email messages implying job opportunities available and asking for personal information in response. (An example is at the end of this message.) These messages are coming from multiple, non-Whitman addresses that are changing daily and have recently taken on the appearance of coming from faculty.

These messages are not legitimate. Do NOT respond to them with any personal information. Our practice when working with alumni, campus offices or employers interested in hiring Whitman students is to direct them to post their openings in [Handshake](#). The Handshake platform has several processes in place to prevent scammers from reaching you.

This serves as a good reminder to be skeptical when you get email messages that seem "out of context" or request any personal information. If a message doesn't quite seem normal:

- Check the actual from; address to see that it makes sense. (Don't always rely on the displayed name of the sender)
- If you don't know the sender, avoid sending any personal information, especially in email replies.
- Check with others in your area if there is any doubt or uncertainty (another set of eyes often helps).
- Be cautious of messages that imply a sense of urgency or ask for something out of the ordinary.
- Hover over hyperlinks to see where they might take you (or don't click on links at all).
- Don't open attachments you are not expecting.

Whitman College Technology Services maintains an address (phishy@whitman.edu) where you can forward suspicious messages.

You can also contact the [WCTS Help Desk](#), the [Student Engagement Center](#) or the [Information Security Office](#) if you have any questions about these types of emails.

(Example message)

Hello

If you're interested in working remotely from home as a temporary research aide collecting data and earn weekly, indicate interest by providing the required information below and I will send you a follow up email detailing work schedule. This is an adaptable job that requires little to no prior experience irrespective of your major discipline

Full Name:
Cell #:
Alternate email:

Regards,

Assistant Professor of

Noteworthy

Kitamura Welcomes New Baby
Head Baseball Coach Brian Kitamura and wife Kirsten Kitamura '12 welcomed their second child, Brooks Toichiro Kitamura (pictured), on July 31.



Whitties Selected for Community Leadership Program

Christian Moreno '21 and Shelly Rasmussen, community consulting specialist in the Student Engagement Center, were selected to participate in a year-long experiential development program run by the [Sherwood Trust](#). As part of a community cohort, they will learn management and leadership skills, culminating in a group project in summer 2021.

Pahlke Published on Parenting and Race

Erin Pahlke, associate professor of psychology, published an article in the journal *Group Processes & Intergroup Relations*. The article, "White parents' racial socialization and young adults' racial attitudes: Moral reasoning and motivation to respond without prejudice as mediators," examines the relations between parental racial socialization messages and racial attitudes in a sample of white U.S. young adults. The results suggest mechanisms by which parents' messages about race and racism may shape youths' racial attitudes.

Teaching Hack of the Week

Brought to you by the Center for Teaching and Learning

If you want to reproduce small group discussions in your online class, Zoom breakout rooms are the ticket.

- Breakout rooms have to be enabled in your Zoom account settings to appear as an option at the bottom of your Zoom meeting screen. Log onto zoom.us through a web browser; click "Settings" on the left menu, and scroll down to the section "In Meeting (Advanced)" to enable breakout rooms. You only need to do this once.
- Then what? You can indicate the number of rooms and Zoom will automatically assign students to rooms. You have a chance to fine tune those assignments before you "open" the rooms.
- You can create the rooms manually; in this case you'll drag and drop names into rooms to create your groups.
- You can use Zoom's [pre-assign function](#) to plan groups in advance using a csv file. (Please note: there are reports of a bug where pre-assignments disappear after editing meeting details. Be sure to save a copy of your pre-assignment CSV file so you can re-upload if needed. Contact canvas_help@whitman.edu if you run into problems.)
- Note that if you want to use two different pre-assigned groups during the same meeting, for example to remix your class so that the members of the second group contain equal representation from all of the first groups, you'll have to create the second set on the spot.

What are some complementary pedagogical strategies you can use to make the most out of breakout rooms? Check out this [Faculty Focus article](#) for some tips to improve breakout room discussions using collaborative documents.

Happening Today

TODAY

4 p.m. [Student Open Office Hours](#)
Join Kazi Joshua, dean of students, for drop-in office hours every Monday-Friday from 4-5 p.m. on Zoom. Bring any topics you wish to discuss during these sessions

[More Upcoming Events](#)

Have a virtual event you'd like to share with campus? Email the details to whitmantoday@whitman.edu.

Getting to Know...



CORMAC LI '23 (he/his)

Major: undeclared (future politics major)

Extracurriculars: co-president of [Kehillat Shalom](#) and programming director of [China at Whitman](#)

Li, an international student from China, has volunteered at Providence St. Mary's Population Health Department since March, specializing in COVID-19 related issues within the county by offering support including symptom checks, case studies, facility visits and educational promotions. Throughout the summer, he was involved in COVID-19 health work to the Latinx and workers' communities at Tyson's Meat Plant, Smith's Frozen Foods, First Fruits Farm and the general community of Walla Walla and Milton-Freewater. Through the [Community-Engaged Summer Research Program](#), he concluded research with Anna Boyes '20 and partners on how [First Aid Art Kits](#) can help communities cope with stress during a pandemic.

"Whitman Today" is produced by the Office of Communications and is emailed Monday-Friday to Whitman College staff, faculty and students. All times are listed in Pacific Daylight Time.

Submissions are welcome! If you have a professional or personal accomplishment to celebrate, an event to publicize or other content to share with the Whitman community, email whitmantoday@whitman.edu. Submissions should be 125 words or less. The deadline for submissions is noon for the following day's newsletter, though submissions may be held for a later date according to space and editorial needs.



WHITMAN COLLEGE